

## *Cherry Dream Ice Cream*

Serves 2

2cup fresh cherries, pitted

2 frozen bananas

1/4 cup almond butter or tahini

1/2 inch of vanilla bean

raw honey to taste

1/4 cup raw nut milk

Variation: Add 1/2 cup raw carob powder for a chocolate-cherry dessert.

Place everything but the cherries in the [Vita-Mix](#) and whip until creamy, adding a few spoonfuls of nut milk, if needed, to get the right consistency. Add cherries last and pulse until chopped and mixed in lightly. Scoop into elegant dessert cups and garnish with chopped cherries and fresh mint leaves.