

## **Dr. Tennant Training - 9/22/06**

The body requires voltage to work. pH is a test to measure voltage.

We have wires in our house that have 110 volts. Our bodies also have voltage. A solution can have an excess of electrons or it steals voltage. An electron stealer we call plus voltage, if it's a donor we call it negative.

pH 0 – 7 (acidic) is an electron stealer, pH 7 – 14 (alkaline) is positive. pH 7 is neutral. 0 = - 400 millivolts 14 is + 400 millivolts.

Our body is about 7.3 pH. For our body to work it should be around – 20 millivolts. Problems begin to occur when the voltage begins to drop.

-15 we feel tired, -10 sick, -5 organ failure, 0 is like having the batteries in backwards.

Reverse polarity damages the DNA and leads to malignancies. Pain results from low voltage. Pain & disease are a symptom of decreased voltage. There are devices designed to test your voltage.

The body has circuits that carry voltage from one location to another called acupuncture meridians – the fibrous wires which make up the plains of circuits of your body. Each circuit has several organs attached to it. If you put electrons into the body can your body store those electrons? If you have a dead battery that you put a charger on it won't charge because the plates can no longer hold electrons.

Our cell membranes are designed to store voltage like a battery pack. The food manufactures many years ago realized that food spoilage was creating loss in their industry due to the fats going rancid. So they worked to design a fat that would not spoil. They cooked the fats

and made partially hydrogenated fats, trans fats which are plastic fats. Eating these processed foods you are creating cell membranes that are made of plastic fats. Glucose and insulin can not get into the cell because the cells are surrounded by plastic fat. Eating processed foods, surround our cells with plastic fat membranes which block the ability of the cell to receive glucose leads to diabetes. Canola oil was promoted as a healthy oil but in reality canola oil is a plastic trans fat. When that cell reproduces itself, it creates another cell with a plastic membrane.

You need to eat total foods with good fat to heal your body. There are three Total Foods: 1-raw milk (goat milk is closer to human,) 2-eggs, 3-marine phytoplankton.

How do you know that you're getting enough good fat and other products to heal yourself? We get well by making a new cell that works correctly not by trying to get damaged cells to work. We replace our body every 7 to 8 months. The health of our body is determined by how much good material we provided for the production of new healthy cells.

Many people are taking handfuls of supplement pills and still not getting well. To get well we must provide our body with all of the elements it needs to produce new strong healthy cells.

Most people who are chronically ill have a toxic liver that is not working efficiently. Microscopic marine phytoplankton can go through your cell membranes and will go into a sick intestine and a sick liver and begin the healing process.

When you eat fat you must have bile to digest the fat. If your liver is not working to generate bile or you had your gall bladder removed you will not be able to assimilate the fat correctly. You may need a source of bile until you can heal your liver. Health food stores have ox bile you can use.

The way the body normally gets voltage is from the water which comes out of the ground because it's alkaline and provides positive electrons. By adding chlorine and fluoride we've destroyed that ability and actually create water that steals electrons.

Eating unprocessed foods, standing in the sun, fresh air, exercise, putting our feet directly in the dirt all provide us with electrons. Wearing shoes destroys our ability to receive voltage from the earth.

Touching another living thing, if you are low in voltage, will provide you with voltage from that living plant or being. Hugging a friend, your dog, a tree...

If I can put voltage in and store it how come my voltage can still be low? We leak voltage. The primary area we leak voltage is through our teeth through things such as root canals which drill down into the root, the source of voltage for that meridian, and put metal into it, you're sucking voltage out of that meridian. Every tooth is connected to a meridian. You can check fillings to see if they are leaking, and if so, you can "get refilled" with a non-metal amalgam.

Toxic ingredients such as aspartame, NutraSweet, Splenda, breaks down into formaldehyde which pickles your organs. Not a great idea for living beings.

The primary control system of the body uses neurochemicals such as dopamine and serotonin. Our endocrine system controls many of these neurochemicals. We need serotonin to sleep, among other things. If our control system goes out our cells don't know how to work together and we get sick. These chemicals are very critical to our health.

We need protein and 8 vitamins and minerals two of which are very important for a healthy body and which most are often deficient in, are

vitamin C and zinc. Attention Deficit Disorder is very connected to a lack of C and zinc.

I've researched many products and the only way I've ever found to efficiently increase and store neurochemicals is with **Frequensea**. Without neurochemicals we don't have the materials for our system to work. It will detoxify all of our organs and systems.

People are looking for an instant miracle cure. It takes about 4 months to get our systems to restore these deficiencies at which point all of our systems begin to turn on again. **Frequensea** will achieve these positive results but for anyone to take one bottle expecting instant results means they truly don't understand the biochemistry of the body, how out of balance and toxic most people are and the fact it truly takes 4 months for most people to turn their body around.

Essentially 100% of my patients in my clinic are benefiting from **Frequensea**.

As people who are chronically sick begin to take **Frequensea** they will most likely begin to release toxins. This can result in strong urine, bad smelling feces and sweat and skin rashes. This is not a negative reaction to **Frequensea** but rather a positive sign they are detoxing and turning their system around.

High cholesterol is a sign of a dirty liver. The liver must replace itself every 8 weeks and is made up mostly of fat. To provide enough good fat to clean your liver you must eat 5-10 pounds of good fat every month.

If you build a house just out of bricks you'll have a strong house but you won't be able to get in or out. If you build a house just out of windows and doors you'll have easy access but no strength.

Proteins and carbohydrates are the bricks. Omega 6's are like windows, Omega 3's are doors to get substances in and out of our cells. 4 times mostly saturated fats, 4 times omega 6's.