

Rainbow Pasta

Serves 2

Ingredients:

- 1 zucchini
- 1 yellow zucchini (summer squash)
- 1 large beet
- 1 large carrot

Spiralize the above vegetables, or if you don't have a spiralizer, you may use a vegetable peeler to make strands that resemble pasta. Toss together in a colorful bowl and top with the following salsa:

- 1/2 cup fresh carrot juice
- 2 cups fresh tomatoes, diced
- 1/2 cup fresh cilantro
- 4 scallions, chopped
- juice of 1 lime
- 1 clove garlic, minced
- 1 fresh jalapeno pepper, seeded and chopped
- drizzle of raw honey, if desired for sweetness

Pulse until chunky in food processor. Pour over spiralized vegetables and garnish with chopped avocado.