

## Top 20 things that are more dangerous to children than lead paint in Mattel toys

by Mike Adams

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The mainstream media is amusingly irrational when it comes to reporting scare stories. The latest example involves the lead content of Mattel toys made in China. The Consumer Product Safety Commission has issued a third recall of Mattel toys involving over 700,000 toys containing unacceptably high levels of lead paint (over .06 percent lead). Irrational parents are rushing back to retailers in droves, turning in their Mattel toys to "save their children" from the dangers of lead paint. Mattel, for its part, is being rightly blasted in the media for selling shoddy products made with toxic heavy metals.

But here's the interesting part in all this: **Parents directly poison their children every day with products far more dangerous than Mattel toys.** Don't believe me? I'll name twenty things in this article that are far more dangerous to children than Mattel toys. It doesn't mean Mattel toys are safe, of course. They apparently do contain unacceptably high levels of lead, and there's no question about the toxicity of lead. But children don't eat toys nearly as often as they eat some other toxic substances given to them by their parents, and even as parents are herding back into retailers to refund their toxic lead-laden toys, they're returning home and poisoning their children with many other products that are far worse.

The press, of course, reports nothing about these other toxic products. And why? **Because they're made in America.**

## American products poisoning American children

American products, you see, are often given blanket immunity by the U.S. press. While the media is happy to jump on toxic lead found in Chinese products, they completely ignore (for example) the toxic mercury that dentists continue to place into the mouths of young children all across the country. Why is it considered highly dangerous for a child to merely *touch* a toy with .06 percent lead paint while it is considered perfectly safe for a child to *chew on* a filling made with **40 percent** mercury? Mercury is far more toxic than lead in many ways, yet the media has nothing to say about the mass poisoning of children through the outmoded dental work still being performed on children today. Mercury fillings were invented before the Civil War, and they're just as toxic now as they were then!

Of course, **if dental fillings were made in China, the U.S. press would be screaming about their toxicity!** But since they're installed by crazed U.S. dentists -- many of whom still manage to seem convincingly sane -- there's zero coverage in the mainstream media.

Reporting the truth about dangerous chemicals, heavy metals and other threats to children is *extremely selective*. The public never hears the real truth about what's dangerous -- they only hear what the media want them to *think* is dangerous!

But I've had it with popular media distortions. Here, I'm going to reveal **the top 20 things that are more dangerous to children than the lead paint in Mattel toys**. Interestingly, most of these are things that parents intentionally give their children (or feed to them!). If you're worried about lead paint, you should be far more worried about these 20 things...

## The top 20 things that are more dangerous to children than lead paint in Mattel toys

### 1. Mercury fillings

Often called "silver fillings" to hide the fact that they're made from mercury, these highly toxic fillings are placed directly into the mouths of children where they are inhaled (mercury vapor) and swallowed, causing systemic mercury poisoning to the child and leading to long-term neurological damage. Visit [www.IAOMT.org](http://www.IAOMT.org) and watch the "Smoking Teeth = Poison Gas" video to learn more.

### 2. Vaccines

Think vaccines are safe? You've been hoodwinked by the popular media parroting drug company propaganda. Vaccines are preserved with *methyl mercury*, one of the most dangerous chemical forms of the toxic heavy metal. This mercury is injected directly into the bodies of children where it causes severe neurological damage. And yes, it does cause Autism, despite what you've read in the dumbed-down press. Only a fool would inject their child with mercury-preserved vaccines.

### 3. Hot dogs

Hot dogs are made with horrifying processed meat parts ([click here to see shocking photos of processed meat products](#), then preserved with a cancer-causing ingredient called *sodium nitrite*. As detailed in my book *Grocery Warning*, this ingredient causes brain tumors in children, not to mention leukemia, pancreatic cancer, colon cancer and other cancers. Hot dogs are far more dangerous to a child's health than lead paint in my opinion, and yet parents keep feeding them to their children!

### 4. Antibacterial soap

How about a little nerve toxin in your soap? That's what's found in antibacterial soap. It's a toxic cocktail of chemicals designed to kill life. That's how it kills bacteria. The problem is that it also harms people -- especially infants and children who are trying to develop healthy nervous systems. Avoid all products claiming to be "antibacterial." You're better off using natural soap (like Dr. Bronner's soap, [www.DrBronner.com](http://www.DrBronner.com)) and letting your child's immune system fight off common bacteria. The world isn't sterile, after all. You can't turn your house into a germ-free bubble.

### 5. ADHD drugs

Would you give your child street drugs like speed or meth? Probably not, but what if your doctor wrote you a prescription for speed and said your child needed it because he was ADHD? If you're like most parents, you'd fall in step and start giving your child speed. But wait, you say: ADHD drugs are not speed, are they? But of course they are. They belong to a class of drugs called amphetamines. They used to be illegally sold as speed. Now they're prescription drugs, and they're given to children in schools all across America (and elsewhere). Psychiatrists and drug companies are making a killing dosing up kids and infants on substances that used to be considered illegal street drugs (and that have no legitimate medical use whatsoever).

## 6. Sports drinks

For some reason, parents irrationally believe sports drinks are healthy because they contain the word "sports." Didn't they notice the neon green artificial coloring? Sports drinks are, in my opinion, a nutritional joke. Made from salt water, processed sweeteners and petrochemical coloring, many of their ingredients are actually harmful. Drinking water would be smarter, and feeding your child some healthy trace minerals would be even better. Low on potassium? Eat a banana.

## 7. Cough syrup and over-the-counter medicines

Nearly all children's over-the-counter medicines contain multiple toxic substances such as chemical sweeteners, preservatives and additives. Cough syrup, in particular, has been scientifically proven to be absolutely worthless in preventing coughs. Many "children's" medicines are actually more toxic than their adult counterparts because they're sweetened up and cosmetically enhanced with artificial colors made from petrochemicals. Yet parents poison their children every day with over-the-counter medicine.

## 8. Sunscreen

The sunscreen industry is a huge scam. Most popular sunscreen products actually cause skin cancer due to the numerous toxic chemicals they contain (which are quickly absorbed into the skin where they cause DNA mutations that lead to cancer). Even worse, sunscreen blocks the UV radiation that allows the skin to manufacture all-important vitamin D -- the most powerful anti-cancer nutrient yet known to modern science. It prevents over a dozen different cancers, yet parents block it by slathering toxic sunscreen on their children, all while mistakenly believing they're "protecting their children from cancer!" What a scam.

## 9. Fluoride in the water

I've always found it amazing that city water officials were dumb enough to actually buy a toxic waste substance and arrange to have it dripped into the public water supply where it would be ingested by infants and children. The result? Mass fluorosis and toxicity to children everywhere. Didn't these people realize that **fluoride only works topically?** (That is, it only works if you rub it on your teeth, then spit it out, and even that only works if you're using natural fluoride, not the chemicals spit out as byproducts of the fertilizer industry, which is what city water departments are buying and dripping into the water supply.) [Click here to see my CounterThink cartoon on this topic.](#)

Whoever heard of drinking a topical medication in the first place? It's like swallowing sunscreen to prevent sunburn. Even worse, putting this into the public water supply effectively **mass medicates everyone** with a bioactive chemical substance that no one has been given a prescription for. This is all done with no regard for the level of natural fluoride children might already be ingesting from other sources. The situation is so crazy that it's difficult to find a more insane example of medical tyranny than the mass fluoridation of public water supplies. The fact that doctors and dentists so vehemently support it demonstrates just how crazy they really are.

## 10. Processed milk

Children as young as 10 years old are now being diagnosed with heart disease and clogged arteries. Ever wonder how it happened? It's due in part, I believe, to all the processed milk children are swallowing these days. Not only is the milk contaminated with pus, blood and detectable levels of pesticides and other chemicals, it's also

**homogenized**, meaning the fats are artificially modified in a way that makes them stay in suspension. This homogenization also makes milk fats dangerous to cardiovascular health. While I support the consumption of raw, unprocessed milk, I think that consuming processed, homogenized milk is dangerous to the health of infants, children and adults alike!

### **11. Fast food**

Fast food is extremely unhealthy for children. Not only are the foods often fried, homogenized, hydrogenated and otherwise altered, they're also laced with chemical additives, taste enhancers, processed sugars, petrochemical food coloring and other unhealthy substances. Strangely, many parents actually reward their children for good behavior by buying them unhealthy fast food meals, thereby creating a psychological association between good feelings and junk food. (Fast food restaurants further exploit this psychological link by building playgrounds and running feel-good advertisements that emphasize friends and fun, then link those good vibes to their food products.)

### **12. Antidepressant drugs**

Children as young as six months old are now being put on psychotropic drugs such as SSRIs (antidepressants). These drugs, we now know, cause suicidal thoughts and violent behavior, especially in young boys. They imbalance brain chemistry and even alter the body's metabolism of sugar, promoting diabetes and leading to rapid weight gain. These drugs are so dangerous that feeding them to children should be considered a crime. Every single school shooting involving a child in the United States in the last 15 years has been linked to antidepressant drug use. Need I say more?

### **13. Chemical laundry detergents**

Parents are shown fancy ads on television depicting how wonderful and clean their clothes will be if they wash them in brand-name laundry detergent. What they're not shown, however, is the toxicity of all the synthetic chemicals that go into most laundry detergent products. The fragrance chemicals alone are often carcinogenic, and they're just as bad for the environment as they are children's health. A new alternative has appeared, however: Soap berries! It's laundry soap that grows on trees. We offer it at [www.BetterLifeGoods.com](http://www.BetterLifeGoods.com)

### **14. Flame retardant chemicals**

Did you know that new mattresses for infants and children are often sprayed with extremely toxic flame retardant chemicals? These are easily absorbed through the skin of infants and children where they contribute to numerous neurological disorders and immune suppression. Many clothing products are also sprayed with flame retardants, as are some carpeting products. In the push to make everything fireproof, state regulators (who have mandated the flame retardant chemicals in states like California) have created a toxic environment for everyone. I suppose if you're a politician, it's always better for a million people to die of a mysterious disease that can't be linked to you than to have one baby burning up on the evening news with fingers of blame pointed directly at you.

### **15. Soda**

Aside from directly promoting diabetes and obesity, sodas also contain high amounts of phosphoric acid, a substance that dissolves bones and causes a loss of bone mineral density. This causes massive tooth decay as well as a shrinking jaw bone and overall skeletal fragility. Diet sodas are even worse, since they contain chemical

sweeteners linked to neurological disorders and learning disabilities.

### **16. Air fresheners**

Air fresheners contain cancer-causing chemicals. Unleashing them in the house exposes children to these chemicals, promoting asthma and other respiratory problems. If you value the health of your children, avoid air freshener products and just use essential oils or citrus peels instead. (Peel an orange and hang the peel in your kitchen.)

### **17. Synthetic vitamins**

Many children's vitamins are made with cheap, synthetic "vitamin" chemicals that actually harm people who take them. Plus, many are loaded up with artificial colors, sucrose and chemical sweeteners. Avoid cheap, store-bought children's vitamins or anything containing **cyanocobalamin** (a toxic form of vitamin B12). Quality children's vitamins are available through sources like Nordic Naturals (fish oils) and [www.IntegratedHealth.com](http://www.IntegratedHealth.com) (also check [www.WellnessResources.com](http://www.WellnessResources.com) for high-quality supplements).

### **18. Dryer sheets**

Most popular dryer sheets and fabric softeners are made with toxic synthetic chemicals that are not safe to use on children's clothing. The fragrance chemicals alone are often highly carcinogenic, and the other chemicals contribute additional toxicity to the clothing. Children's clothes should never be washed or dried in chemicals. Only use natural detergents and fabric softeners, or avoid the fabric softeners altogether.

### **19. Bacon**

Most bacon and sausage are processed meat products made with sodium nitrite (like the hot dogs, above) and contaminated with various chemicals lodged in the animal fats. Conventionally-raised beef, pork and chicken products are, in my opinion, extremely toxic to the human body and contribute to colon cancer, breast cancer, prostate cancer and many other diseases and disorders. If you make meat for your children, shop for 100% organic, free-range, antibiotic-free meats that have no nitrites or nitrates.

### **20. Shampoo and bath products**

Virtually all popular shampoo and bath products sold on the market contain cancer-causing chemicals. The ingredients read like a top-40 list of toxic chemicals. Virtually none of these chemicals have ever been tested or approved for use on humans (they are simply ignored because the FDA astonishingly believes the skin won't absorb chemicals). If you want healthy products, use the shampoo I recommend: *Pure Essentials Fragrance-Free Shampoo* from **Earth Science** ([www.TheNewES.com](http://www.TheNewES.com))

## **Keeping your health priorities straight**

So that's the list of 20 items that are more dangerous to the health of children than the lead paint in Mattel toys. Most parents have no concern whatsoever for any of these 20 things, but they're going ape-shoot-crazy over the tiny amounts of lead in their Barbie toys and Elmo stuffed animals. It all just goes to show you that the sheeple will think anything the mainstream media tells them to think (and they'll ignore everything else).

It's classic American contradiction: Returning a Mattel toy at the local toy store while taking your child to a dentist to have mercury implanted in the cavities caused by all the soda the kid consumed at home (because the parents keep buying Coke and Pepsi). If it all weren't so downright tragic, it would almost be funny.

Almost.